Grammar Present perfect simple and present perfect continuous

	Me	Student 1	Student 2
¹ I've known / I've been knowing my best friend since I was a child. ² We've lived / We've been living in the same town for a long time.			
³ I've owned / I've been owning my phone for over a year.			
⁴ I've done / I've been doing a lot of sport recently – I exercise two or three times a week.			
⁵ I've studied / I've been studying English for more than five years – but I still have a lot to learn!			
⁶ I haven't read / haven't been reading any books for a long time – ⁷ I've read / I've been reading more things online recently.			
⁸ I've worked / I've been working a lot today – that's why I'm tired at the moment.			
⁹ I've lived / I've been living in more than one place in my life. But I really like where I live now.			
¹⁰ I've just finished / I've just been finishing eating. I don't feel hungry any more.			

How long have you known your best friend?

What have you been reading recently?