Travel					
visit New Zealand	travel abroad for more than three months	stay on a river boat	sleep overnight on a beach		
swim to an island	spend a night in a jungle	walk in the desert	drive a car abroad		

Food and drink				
drink goat's milk	eat raw meat	cook a meal in a tent	taste Marmite or Vegemite	
catch a fish and eat it	make a meal for ten or more people	have a meal in a famous restaurant	grow fruit or vegetables to eat	

Sport				
do a watersport	ski down a mountain	run a marathon	play cricket	
drive a sports car	do a bungee jump or sky- dive	go mountain biking	jump on a trampoline	

Celebrity and fame					
see yourself on TV	read about yourself in a newspaper	sing or play music for an audience	phone a radio show or write to a newspaper		
wait somewhere to meet a celebrity	take a photo of yourself with a celebrity	speak in front of more than 100 people	post a blog		